

BREAKFAST

Served until 10:30am Monday-Friday, 11:00am Sat & Sun. At participating locations.

SCRAMBLES 7.99

Served with potato wedges 292 cal & choice of toast 110-150 cal.

Vegetable Scramble 336 cal

Scrambled eggs, spinach, tomatoes, red bell pepper and broccoli.

Turkey & Broccoli Scramble 467 cal

Scrambled eggs, turkey, broccoli and cheddar cheese.

Bacon & Red Bell Pepper Scramble 592 cal

Scrambled eggs, applewood smoked bacon, red bell pepper and Swiss cheese.

FAVORITES 7.99

Nutritional information excludes butter and jam.

Classic Boudin Sourdough French Toast 930 cal

Two thick-cut sourdough slices soaked in a rich cinnamon-vanilla cream, topped with berries.

AVOCADO TOAST

Ingredients include cage-free hard boiled eggs, smashed avocado and sliced multigrain or sourdough. Served with a choice of original potato chips 140 cal or mixed greens 5 cal, dressing 40 cal.

The Purist Avocado Toast 300 cal (V) 8.49

Cage-free hard boiled egg, smashed avocado, sprinkle of sea salt on toasted classic sourdough with a side of fruit 50 cal.

The Pesto Avocado Toast 400 cal (V) 8.49

Cage-free hard boiled egg, smashed avocado, fresh pesto, sprinkle of sesame seeds on toasted multigrain with a side of fruit 50 cal.

The Bacon Avocado Toast 475 cal 9.49

Thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub, cage-free hard-boiled egg, smashed avocado, sprinkle of sea salt on toasted classic sourdough.

BREAKFAST SANDWICHES 5.99

Classic toasted sourdough & scrambled eggs.

Bacon & Cheddar Cheese Breakfast Sandwich 748 cal

Scrambled eggs, applewood smoked bacon, cheddar cheese on toasted sourdough.

Ham & Cheddar Cheese Breakfast Sandwich 663 cal

Scrambled eggs, applewood smoked ham, cheddar cheese on toasted sourdough.

BREAKFAST BURRITOS 5.99

Served with spicy crema 220 cal & wrapped in a whole wheat tortilla.

Bacon & Cheddar Breakfast Burrito 610 cal

Whole wheat tortilla, bacon, egg, cheddar, potatoes.

Veggie & Swiss Breakfast Burrito 550 cal (V)

Whole wheat tortilla, broccoli, spinach, potatoes, egg, Swiss cheese.

LITE BITE 4.99

Fresh seasonal fruit & hearty granola.

Fresh Fruit 100 cal

Seasonal fresh fruit.

SIDES 2.49

Add your favorites.

Sourdough Toast 110 cal

Toasty classic.

Multigrain Toast 150 cal

Toasty grain goodness.

Granola & Greek Yogurt Parfait 380 cal

Greek vanilla yogurt with fresh seasonal berries and crunchy granola.

Potato Wedges 292 cal

Seasoned to perfection.

Applewood Smoked Bacon 115 cal

Thick-cut and crispy.

Side of Fruit 50 cal

SOUPS 7.99

Served in our classic sourdough bread bowl. Calories include 3.8 oz. bread bowl top 285 cal.

TRADITIONAL SOUPS

Clam Chowder in a Sourdough Bread Bowl 575 cal

Our world-famous New England-Style clam chowder.

VEGETARIAN SOUPS

Rustic Tomato Soup 515 cal (V)

Topped with rustic sourdough croutons and parmesan cheese.

Butternut Squash 595 cal (V)

Sprinkled with dried cranberries and spiced walnuts. Contains nuts.

SOUP OF THE DAY

Enjoy our special daily soup.

We participate in
 **HealthyDiningfinder.com**
For Nutritional Information,
Visit boudinbakery.com/Nutritional_Info

CHILI 9.29

Beef Chili 655 cal

Topped with sharp cheddar cheese and diced onions.

SIDE SOUP & CHILI

Add a side of soup to any entrée. 3.50

Side of chili. 4.00

SOURDOUGH PIZZAS 8.99

Hand-stretched sourdough crust

Goat Cheese & Sun-dried Tomato Pizza 630 cal (V)

Goat cheese, sun-dried tomatoes, mozzarella.

Chicken Pesto Pizza 660 cal

All natural chicken breast, red onion, tomatoes, pesto sauce, cheese.

Tomato, Basil & Garlic Pizza 490 cal (V)

Tomatoes, fresh basil, fresh garlic, mozzarella.

Pepperoni Pizza 570 cal

Pepperoni, mozzarella.

Cheese Pizza 550 cal (V)

Mozzarella.

BURGERS 10.49

California-grown natural Black Angus USDA certified beef. All burgers are cooked well-done 160°F.

Served with original potato chips 140 cal or mixed greens 5 cal, dressing 40 cal

California Baguette Burger 1130 cal

California-grown natural Black Angus USDA certified beef, Havarti, lettuce, tomatoes, smashed avocado, mayo, balsamic vinaigrette, garlic-buttered toasted multigrain baguette.

Add applewood smoked bacon 2.49, 115 cal

Blue Note Baguette Burger 900 cal

California-grown natural Black Angus USDA certified beef, blue cheese, caramelized onions, arugula, balsamic vinaigrette, garlic-buttered toasted sourdough baguette.

The Original Baguette Burger 930 cal

California-grown natural Black Angus USDA certified beef, sharp cheddar, lettuce, tomatoes, red onion, garlic-buttered, toasted sourdough baguette.

Sourdough Patty Melt 868 cal Hot Sandwich

Melted sharp cheddar cheese, creamy Havarti cheese, juicy burger, caramelized onions on Parmesan-crusteD sourdough bread.

Asian Chicken Salad 324 cal, dressing 280 cal

All natural chicken breast, oranges, cucumbers, red bell pepper, almonds, cilantro, spring mix, sesame ginger dressing. Contains nuts.

BBQ Chicken Salad 494 cal, dressing 200 cal

All natural chicken breast, corn, black beans, tomatoes, tortilla strips, cilantro, BBQ sauce, ranch dressing.

Chicken Caesar Salad 529 cal, dressing 245 cal

All natural chicken breast, sourdough croutons, Parmesan cheese, romaine lettuce, Caesar dressing. Contains anchovy.

Without chicken 8.10, 389 cal

Cobb Salad 438 cal, dressing 200 cal

All natural chicken breast, blue cheese, applewood smoked bacon, chopped egg, tomatoes, chiffonade romaine lettuce, ranch dressing.

Spring Salad with Chicken 655 cal, dressing 328 cal

All natural chicken breast, Granny Smith apple, spiced walnuts, dried cranberry, feta cheese, spring mix, balsamic vinaigrette. Contains nuts.

Without chicken 8.10, 516 cal

Grilled Cheese with Ham 930 cal

Applewood smoked ham, sharp cheddar cheese, Havarti, Dijon, mayo, on Parmesan-crusteD sliced sourdough.

Grilled Brie with Apples & Fig Jam 850 cal (V)

Brie, Havarti, sliced apples and fig jam, on Parmesan-crusteD multigrain bread.

Add Sweet & Spicy Bacon

Add thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub to any sandwich 2.49

Peanuts, tree nuts, gluten, dairy, eggs, soy, fish, shellfish and other food allergens are present in our kitchen. Although we make every effort to avoid cross contact of allergens, we operate in an open kitchen with shared cooking and preparation areas in which any of our ingredients can be present. Because of this, we are not able to guarantee that any menu item is completely allergen free.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

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COMBO CORNER

The best of the best. Combo options 455-920 cal.

BEST OF BOUDIN COMBO 9.99

Half Sandwich & Bowl of Soup Combo

Excludes hot sandwiches.

In a bread bowl add 1.00 Chili add 1.30

Half Sandwich & Small Salad Combo

Choice of Caesar, Spring, or Mixed Greens. Excludes hot sandwiches.

Bowl of Soup & Small Salad Combo

Choice of Caesar, Spring, or Mixed Greens.

In a bread bowl add 1.00 Chili add 1.30

SOUP & SALAD COMBO 11.39

Bread Bowl Soup & Salad Combo

Any salad (half entrée size) and soup in a sourdough bread bowl.

Chili add 1.30

GRILLED CHEESE COMBO 9.99

Half Grilled Cheese Sandwich & Bowl of Soup Combo

Any half grilled cheese sandwich & choice of soup.

In a bread bowl add 1.00 Chili add 1.30

Half Grilled Cheese Sandwich & Small Salad Combo

Any half grilled cheese sandwich & choice of Caesar, Spring, or Mixed Greens.

SANDWICHES

Served with a choice of original potato chips 140 cal or mixed greens 5 cal, dressing 40 cal

ARTISAN SANDWICHES 9.99

Toasted Chicken Club Sandwich 820 cal Hot Sandwich

All natural chicken breast, applewood smoked bacon, Swiss cheese, smashed avocado, tomatoes, lettuce, mayo, toasted sliced sourdough.

Chicken Pesto Sandwich 710 cal

All natural chicken breast, tomatoes, arugula, balsamic vinaigrette, pesto mayo, on a sourdough baguette.

Turkey Avocado Sandwich 760 cal

Turkey breast, Havarti cheese, smashed avocado, tomatoes, lettuce, mayo, on multigrain bread.

On a croissant add 1.00

Ham 'n Brie on Rosemary Focaccia 870 cal

Applewood smoked ham, Brie cheese, arugula, cranberry dijon, on Rosemary Focaccia.

Italian Classic 970 cal

Columbus salami, mortadella, provolone, lettuce, Dijon, mayo, on a sourdough baguette.

Sourdough French Dip 520 cal Hot Sandwich

Thinly sliced roast beef, au jus dipping sauce, on a sourdough baguette with a side of horseradish.

Tuna Melt 1100 cal Hot Sandwich

Tuna salad, Havarti, sharp cheddar, sliced tomato, on Parmesan-crusteD sliced sourdough.

BLT 920 cal Hot Sandwich

Thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub, crisp green leaf lettuce, Roma tomatoes, creamy mayonnaise on toasted classic sourdough bread. (Contains wheat, soy & egg).

BLTA 975 cal Hot Sandwich 10.99

Thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub, crisp green leaf lettuce, smashed avocado, Roma tomatoes, creamy mayonnaise on toasted classic sourdough bread. (Contains wheat, soy & egg).

BOUDIN CLASSIC SANDWICHES 8.99

Turkey Cranberry 600 cal

Turkey breast, cranberry sauce, red onion, lettuce, mayo, on sliced sourdough.

California Veggie Sandwich 590 cal (V)

Smashed avocado, Havarti, red peppers, cucumber, lettuce, red onion, tomatoes, sun-dried tomato spread, balsamic vinaigrette, on sliced multigrain.

Chicken Salad Sandwich 530 cal

All natural chicken breast, celery, scallion, sliced almonds, red grapes, lettuce, Dijon, mayo, on sliced sourdough. Contains nuts.

Tuna Salad Sandwich 580 cal

Tuna, celery, red onion, parsley, tomatoes, lettuce, mayo, on sliced sourdough.

Turkey & Havarti Cheese Sandwich 740 cal

Turkey breast, Havarti, tomatoes, lettuce, mayo, on a sourdough baguette.

Roast Beef & Cheddar Sandwich 610 cal

Roast beef, Sharp cheddar, lettuce, tomato, onion, horseradish mayo on sliced sourdough.

GRILLED CHEESE 9.79

The Great Grilled Cheese with Bacon 870 cal

Applewood smoked bacon, Havarti & sharp cheddar cheese melted to perfection on Parmesan-crusteD sliced sourdough.

Without bacon 9.29

Grilled Cheese with Ham 930 cal

Applewood smoked ham, sharp cheddar cheese, Havarti, Dijon, mayo, on Parmesan-crusteD sliced sourdough.

Grilled Brie with Apples & Fig Jam 850 cal (V)

Brie, Havarti, sliced apples and fig jam, on Parmesan-crusteD multigrain bread.

Add Sweet & Spicy Bacon

Add thick cut caramelized bacon with a brown sugar, black and cayenne pepper rub to any sandwich 2.49

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NEW FROM OUR KITCHEN 8.49

Carpe Caprese 580 cal, dressing 125 cal
Whole wheat tortilla, baby arugula tossed in house made pesto balsamic dressing, fresh tomatoes, fresh mozzarella, roasted red bell peppers.

BLT OMG 665 cal, dressing 142 cal

Whole wheat tortilla, bacon, romaine lettuce, diced tomato, Ranch dressing.

Asian Sensation 489 cal, dressing 184 cal

Whole wheat tortilla, all-natural chicken breast, spring mix, oranges, bell pepper, cucumber, carrots, cilantro, sesame ginger dressing. Contains soy.

Chicken & Soba Noodle Salad 697 cal, dressing 223 cal

All-natural chicken breast, soba noodles, edamame, red bell pepper, diced mango, peanuts, carrots, black sesame seeds, cilantro, cabbage, cucumber wasabi dressing. Contains nuts, sesame seeds & soy.

Chopped Salad 611 cal, dressing 249 cal

All-natural chicken breast, Israeli couscous, red bell pepper, dried sweet corn, sunflower seeds, arugula, dried cranberries, feta cheese, pesto balsamic dressing. Contains sunflower seeds.

Waldorf Salad 790 cal, dressing 120 cal

Chicken salad, Granny Smith apples, spiced walnuts, kale, farro, apple yogurt dressing. Contains nuts.

SEASONAL FAVORITES 10.99

Served with our world famous fresh-baked bread.

Chicken & Soba Noodle Salad 697 cal, dressing 223 cal

All-natural chicken breast, soba noodles, edamame, red bell pepper, diced mango, peanuts, carrots, black sesame seeds, cilantro, cabbage, cucumber wasabi dressing. Contains nuts, sesame seeds & soy.

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Chicken salad, Granny Smith apples, spiced walnuts, kale, farro, apple yogurt dressing. Contains nuts.

AVOCADO TOAST

Ingredients include cage-free hard boiled eggs, smashed avocado and sliced multigrain or sourdough.

Served with a choice of original potato chips 140 cal or mixed greens 5 cal, dressing 40 cal.

The Purist Avocado Toast 300 cal (V) 8.49

Cage-free hard boiled egg, smashed avocado, sprinkle of sea salt on toasted classic sourdough.